

YES	NO
<ul style="list-style-type: none"><li>• Book your session in advance</li><li>• Bring your membership card &amp; <b>swipe</b> in every time</li><li>• Use hand sanitisers before, during and after your workout</li><li>• Wipe the equipment before and after use</li><li>• Respect social distancing advice</li><li>• Be considerate to other users</li></ul>	<ul style="list-style-type: none"><li>• Do not attend the gym unless you have a session booked.</li><li>• No showers</li><li>• No towels on the gym floor</li><li>• No pay as you go</li><li>• Do not bring towels onto the gym floor</li><li>• You are unable to Pay as you go (all users must be members)</li><li>• Do not attend the gym if you have COVID symptoms or have been in contact with someone who has shown symptoms within the last 14 days.</li></ul>